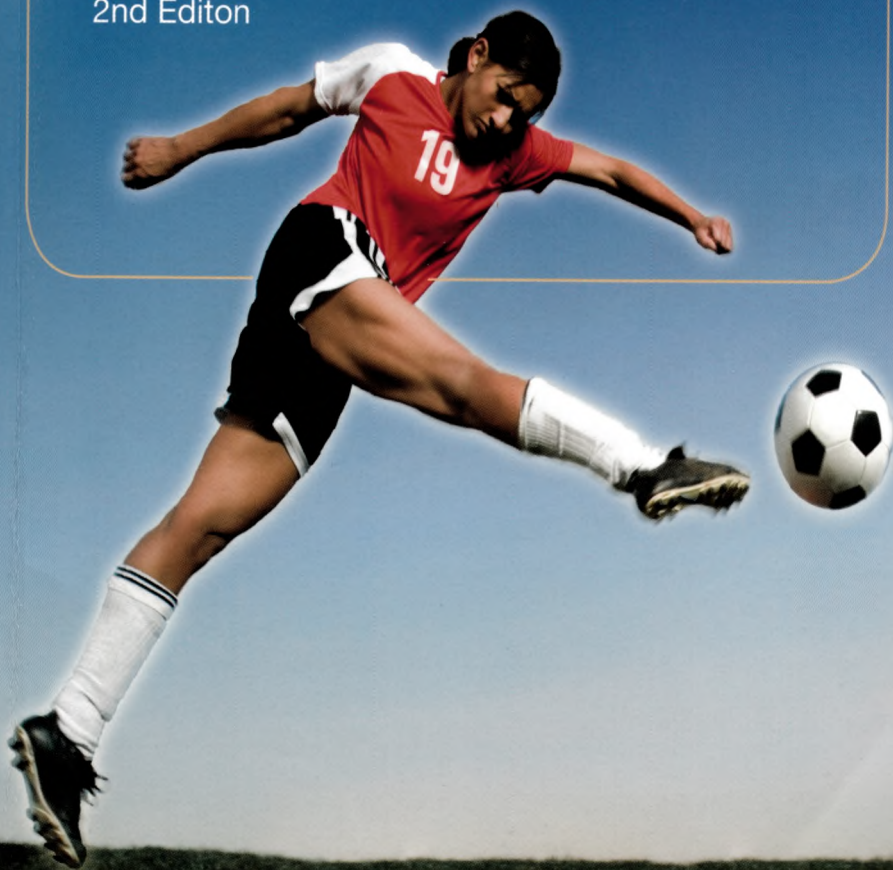


616-083  
B29  
Clinical Pocket Guide

# Health & Physical Assessment in Nursing

Colleen Barbarito • Donita D'Amico

2nd Edition



616-083  
B29

# Clinical Pocket Guide Health & Physical Assessment in Nursing

2ND EDITION



**Colleen Barbarito, EdD, RN**  
Associate Professor  
*William Paterson University*  
Wayne, New Jersey

**Donita D'Amico, MEd, RN**  
Associate Professor  
*William Paterson University*  
Wayne, New Jersey

764045

University of the District of Columbia  
School of Health Services  
Library  
5200 Reservoir Road, NW  
Washington, DC 20008

SL3

**Pearson**

Boston Columbus Indianapolis New York San Francisco Upper Saddle River  
Amsterdam Cape Town Dubai London Madrid Milan Munich Paris Montreal Toronto  
Delhi Mexico City São Paulo Sydney Hong Kong Seoul Singapore Taipei Tokyo

# Contents

Preface v

**CHAPTER 1**  
Health Assessment 1

---

**CHAPTER 2**  
Techniques and Equipment 9

---

**CHAPTER 3**  
General Survey 19

---

**CHAPTER 4**  
The Health History 26

---

**CHAPTER 5**  
Skin, Hair, and Nails 36

---

**CHAPTER 6**  
Head, Neck, and Related Lymphatics 64

---

**CHAPTER 7**  
Eye 78

---

**CHAPTER 8**  
Ears, Nose, Mouth, and Throat 95

---

**CHAPTER 9**  
Respiratory System 113

---

**CHAPTER 10**  
Breasts and Axillae 130

---

**CHAPTER 11**  
Cardiovascular System 141

---

**CHAPTER 12**  
Peripheral Vascular System 153

---

**CHAPTER 13**  
Abdomen 168

---

**CHAPTER 14**  
Urinary System 184

---

**CHAPTER 15**  
Male Reproductive System 196

---

**CHAPTER 16**  
Female Reproductive System 211

---

**CHAPTER 17**  
Musculoskeletal System 232

---

**CHAPTER 18**  
Neurologic System 261

---

**CHAPTER 19**  
Putting It All Together 294

---

**CHAPTER 20**  
The Complete Health Assessment 300

---

**CHAPTER 21**  
The Hospitalized Client 311

---

Photo Credits 318

Index 319