

616.89
T79

EIGHTH EDITION

Nursing Diagnoses in Psychiatric Nursing

Care Plans and Psychotropic Medications

MARY C. TOWNSEND

616.89
T'99

Nursing Diagnoses in Psychiatric Nursing:

Care Plans and Psychotropic Medications

EIGHTH EDITION

Mary C. Townsend, DSN, PMHCNS-BC

Clinical Specialist/Nurse Consultant
Adult Psychiatric Mental Health Nursing

Former Assistant Professor and
Coordinator, Mental Health Nursing

Kramer School of Nursing
Oklahoma City University

Oklahoma City, OK

764044

Universitatea de Științe de
Medicină și Farmacie
«Nicolae Testemițanu»
Biblioteca Științifică Medicală

S23



F.A. Davis Company • Philadelphia

Contents

Index of DSM-IV-TR Psychiatric Diagnoses xix

How to Use This Book xxvii

UNIT ONE

THE FOUNDATION FOR PLANNING PSYCHIATRIC NURSING CARE

CHAPTER 1

**Nursing Process: One Step to
Professionalism** 1

UNIT TWO

ALTERATIONS IN PSYCHOSOCIAL ADAPTATION

CHAPTER 2

**Disorders Usually First Diagnosed
in Infancy, Childhood, or Adolescence** 14

CHAPTER 3

**Delirium, Dementia, and Amnestic
Disorders** 54

CHAPTER 4

Substance-Related Disorders 71

CHAPTER 5

**Schizophrenia and Other Psychotic
Disorders** 105

CHAPTER 6

Mood Disorders: Depression 125

CHAPTER 7

Mood Disorders: Bipolar Disorders 145

CHAPTER 8

Anxiety Disorders 161

CHAPTER 9

Somatoform Disorders 176

CHAPTER 10

Dissociative Disorders 191

CHAPTER 11

Sexual and Gender Identity Disorders 201

CHAPTER 12

Eating Disorders 218

CHAPTER 13

Adjustment Disorder 236

CHAPTER 14

Impulse Control Disorders 256

CHAPTER 15

Psychological Factors Affecting Medical Condition 264

CHAPTER 16

Personality Disorders 275**UNIT THREE****SPECIAL TOPICS IN PSYCHIATRIC/
MENTAL HEALTH NURSING**

CHAPTER 17

Problems Related to Abuse or Neglect 310

CHAPTER 18

Premenstrual Dysphoric Disorder 320

CHAPTER 19

HIV Disease 329

CHAPTER 20

Homelessness 341

CHAPTER 21

Psychiatric Home Nursing Care 348

CHAPTER 22

Forensic Nursing 358

CHAPTER 23

Complementary Therapies 370

CHAPTER 24

Loss and Bereavement 390

UNIT FOUR

PSYCHOTROPIC MEDICATIONS

CHAPTER 25

Antianxiety Agents 406

CHAPTER 26

Antidepressants 417

CHAPTER 27

Mood-Stabilizing Drugs 447

CHAPTER 28

Antipsychotic Agents 472

CHAPTER 29

Antiparkinsonian Agents 502

CHAPTER 30

Sedative-Hypnotics 511

CHAPTER 31

**Agents Used to Treat Attention-Deficit/
Hyperactivity Disorder 522**

APPENDIX A

Comparison of Development Theories 538

APPENDIX B

Ego Defense Mechanisms 545

APPENDIX C

Levels of Anxiety 548

APPENDIX D

Stages of Grief 552

APPENDIX E

**Relationship Development and Therapeutic
Communication** 557

APPENDIX F

Psychosocial Therapies 570

APPENDIX G

Electroconvulsive Therapy 580

APPENDIX H

Medication Assessment Tool 583

APPENDIX I

Cultural Assessment Tool 588

APPENDIX J

**The *DSM-IV-TR* Multiaxial Evaluation
System** 590

APPENDIX K

**Global Assessment of Functioning (GAF)
Scale** 592

APPENDIX L

***DSM-IV-TR* Classification: Axes I and II
Categories and Codes** 595

APPENDIX M

Mental Status Assessment 610

APPENDIX N

**Assigning Nursing Diagnoses to Client
Behaviors** 618

APPENDIX O

Brief Mental Status Evaluation 622

764044



APPENDIX P

**U.S. Food and Drug Administration (FDA)
Pregnancy Categories 624**

APPENDIX Q

**U.S. Drug Enforcement Agency (DEA)
Controlled Substances Schedules 626**

APPENDIX R

**Abnormal Involuntary Movement Scale
(AIMS) 628**

Bibliography 631

Subject Index 639

Drug Index 683

Nursing Diagnoses Index 691

